

# PILOT

SUMMER 2005

**ENH** EVANSTON  
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HEALTHCARE

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**Caring for Our Communities**  
page 4

# DONOR profile



## Family's Gratitude Reflected in Gift For Perinatal Support

For Liz Ellrodt and her husband Scott Schweighauser, having a premature baby with serious health problems produced a revelation and a desire to help others.

"We realized that this was the world's greatest equalizer," Ellrodt said, remembering her son Ben's stay in Evanston Hospital's Henrietta Johnson Louis Infant Special Care Unit (ISCU). "We were there with people who didn't speak English and people with different socio-economic backgrounds, but we had a shared desire for the ISCU staff to make our children well."

Ben is now a healthy, rambunctious, three-year-old. But the ISCU experience, their second in six years, stayed with them. A third son, Will, was born prematurely and had died six years before Ben was born.

Recognizing the compassion and skill of the staff who cared for them, Ellrodt and Schweighauser recently made several charitable gifts to the Perinatal Family Support Center. Their generosity will support the Cultural Diversity Program, which provides pre- and post-natal services for families and infants affected by high-risk pregnancies, and Connexions, a hospital-based program for pregnant and parenting teens.

"Liz and Scott's gift will help ensure that families with less access to resources receive every possible support during a difficult time," said Jane Richman, LCSW, Associate Director of the Perinatal Family Support Center.

**< Liz Ellrodt and Scott Schweighauser with sons Ben and Jack**

*For information on how you can make a gift to support Evanston Northwestern Healthcare, visit [www.enh.org/foundation](http://www.enh.org/foundation) or call the ENH Foundation at (847) 570-5600.*



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## CONTENTS

- 1 Newsnotes
- 4 Caring for Our Communities
- 7 Beyond our Borders: ENH Doctors Donate Services Worldwide
- 12 Foundation Update
- 17 Capsules

**Cover photo: Melissa Liu, MD, gets a smile from Karina Mujica at the annual Back-to-School Health Fair, which Highland Park Hospital sponsors in partnership with Family Services of South Lake County and School District #112.**

## Commission on Cancer Honors ENH with Outstanding Achievement Award

**T**he Commission on Cancer (CoC) of the American College of Surgeons recently presented Evanston Northwestern Healthcare (ENH) with its 2004 Outstanding Achievement Award. “To receive the award, ENH demonstrated that it exceeded basic requirements in all of the nine areas required for commendation, including an excellent research program, outstanding prevention and early detection programs, and strong support for professional education,” said Mark Neaman, ENH President and Chief Executive Officer. ENH is one of only two hospitals in Illinois—and one of only 39 in the country—to receive this first-of-its-kind award from the CoC.

“This honor represents our significant commitment to provide the highest level of quality cancer care and to go beyond the standards set by the CoC Approvals Program,” said David P. Winchester, MD, Chairman, ENH Department of Surgery and Medical Director of the Cancer Programs of the American College of Surgeons. “In fact, the real beneficiaries of this award are our patients, because when they choose ENH, they can rest assured that they are receiving care at a cancer center that has exceeded standards along an entire spectrum of services, including initial evaluation, prevention and screening, diagnosis, treatment, rehabilitation, long-term follow-up, surveillance for recurrent disease, and research and clinical trials.”

“The areas of commendation for which we are particularly proud—and that helped to place us in the elite

group of 39 top-quality hospitals—include recognition of our robust program of ongoing cancer clinical trials, our community outreach initiatives, and our commitment to professional education and quality improvement,” said Michael Liptay, MD, Chief, Division of Thoracic Oncology, and Chairman of the ENH Cancer Committee.

The award is based on a rigorous on-site survey process that evaluates a hospital’s performance on a variety of standards for cancer care, including commitment to quality care, ongoing improvement, and public accountability for the care and services it provides. The evaluation occurs every three years.



“The real beneficiaries of this award are our patients, because when they choose ENH, they can rest assured that they are receiving care at a cancer center that has exceeded standards along an entire spectrum of services.”



From left: Mark Neaman, Michael Liptay, MD, David P. Winchester, MD.

## Pioneering Staph Screening Practice Combines Technologies

On Aug. 1, Evanston Northwestern Healthcare (ENH) launched a system-wide admission screening program—the first of its kind in the United States—to detect methicillin-resistant *Staphylococcus aureus* (MRSA), a difficult-to-treat strain of bacteria that doesn't respond to common antibiotics and is a significant cause of hospital-acquired infections.

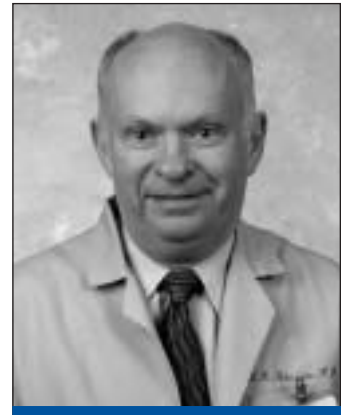
The new procedure combines two advanced technologies: First, when a patient is admitted to an ENH hospital, the electronic medical record system prompts the admitting team to order and collect a nasal swab. Second, real-time DNA analysis is used to test the sample for the presence of the MRSA microorganism. This test method reduces the turnaround time for results from two to four days to less than two hours.

“Every member of our community ultimately will benefit from this initiative,” said Lance Peterson, MD, FASCP, Epidemiologist and Director of Clinical Microbiology and Infectious Disease Research at Evanston Northwestern Healthcare, and Professor of Pathology and Medicine at Northwestern University's Feinberg School of Medicine. “Patients with active MRSA infections will be isolated and

receive immediate treatment; those colonized with the bacteria but not yet infected also will be treated so they don't develop an active infection or unknowingly spread MRSA to others elsewhere in the hospital or community after they are discharged.”

It's estimated that a quarter of the U.S. population carries staph bacteria without becoming sick. If an individual carrying MRSA undergoes medical treatment such as surgery, there is real risk that the organism will invade the surgical incision. Symptoms of MRSA range from mild skin sores to life-threatening surgical wound infections and blood poisonings.

Avoiding MRSA infections reduces the need for follow-up surgeries and additional hospitalizations, weeks of intravenous antibiotics, and a prolonged risk of recurrent infection. “This also makes good economic sense,” said Peggy King, Senior Vice President, Hospitals and Clinics, Evanston Hospital, “because it will reduce hospital days and costs associated with treating MRSA complications.”



Lance Peterson, MD

## ENH Named 2005 Most Wired and Most Wireless Hospital

Evanston Northwestern Healthcare (ENH) has been named one of the nation's 100 Most Wired and 25 Most Wireless Hospitals according to *Hospitals & Health Networks*, the journal of the American Hospital Association (AHA).

“ENH is pleased to be recognized again with the Most Wired award,” said

Jeff Hillebrand, Chief Operating Officer. “It is a measure of our ability to provide patient information to our clinical staff in many locations both inside and outside our hospitals and medical offices.”

For 2005, the magazine's annual survey and benchmarking study included an outcomes analysis by healthcare information company Solucient. The analysis shows that the nation's 100 Most Wired hospitals and health systems—those that have invested significantly in health information technology—have, on average, risk-adjusted mortality rates 7.2 percent lower than other hospitals, even after controlling for the size of the hospital and teaching status.

“This is the first analysis showing that the nation's top tech hospitals also have better outcomes,” said Alden Solovy,

executive editor of *Hospitals & Health Networks*. While the survey doesn't establish a cause-and-effect relationship between information technology use and improved outcomes, it demonstrates that technology can play an important role in quality.

Since 1999, *Hospitals & Health Networks* has surveyed the nation's hospitals on their use of information technology to accomplish key goals in quality, customer service, public health and safety, business processes and workforce issues. Results from the 2005 survey were used to name the 100 Most Wired, as well as the 25 Most Improved, the 25 Most Wireless and the 25 Most Wired—Small and Rural Hospitals from among 502 surveys representing 1,255 U.S. hospitals.



# MISTIE Trial Studies Minimally Invasive Treatment for Hemorrhagic Stroke

**H**emorrhagic stroke, in which patients suffer bleeding in the brain, accounts for half of all stroke-related deaths; 80 percent of patients who survive it are severely disabled. To date, there is no proven therapy, and conventional surgery has been shown to provide no benefit.

Recently, Evanston Northwestern Healthcare (ENH) became one of only eight trial centers nationwide to receive funding to study a minimally invasive surgical approach to treating hemorrhagic stroke. The three-year, Phase II clinical trial, sponsored by the National Institutes of Health (NIH), will assess the feasibility and safety of Minimally Invasive Surgery and Thrombolysis in Intracerebral hemorrhage Evacuation (MISTIE). The trial will compare clinical outcomes and complication rates between study participants who receive the

best available critical-care measures with patients who receive the same care in addition to a minimally invasive surgical procedure and different dosage amounts of recombinant tissue plasminogen activator (rTPA) to remove the hematoma, or blood clot.

“This study is of great importance because the size of a patient’s hematoma is the most powerful predictor of outcome,” said Issam Awad, MD, Director of Neurovascular Surgery and Neurocritical Care at ENH and Professor of Neurosurgery at Northwestern University’s Feinberg School of Medicine. “Surgical decompression and clot evacuation via an image-guided catheter may provide the most effective means of rapidly reducing the mass while avoiding complications from a major surgical procedure.” Dr. Awad, who also is a clinical investigator involved in the study, was among the leaders to begin studying this type of intervention more than 15 years ago at Yale University. Other neurovascular surgeons from ENH who are involved in the study include Sami Rosenblatt, MD, and Shaun O’Leary, MD, PhD.

“The MISTIE approach has shown promise in preliminary research, and the results from this clinical trial have the potential to enable doctors to offer patients a new, life-saving treatment option,” said Dr. Awad.



Issam Awad, MD

## ENH Invests in Ambulatory Surgery Centers

**E**vanston Northwestern Healthcare (ENH) has signed a joint-venture agreement with United Surgical Partners International, Inc. to develop and operate a network of freestanding ambulatory surgery centers in the greater Chicago area. Through the agreement, ENH acquired an ownership stake in four surgery centers owned by United Surgical Partners International and local physician investors. Together, United Surgical Partners International and ENH will also seek to acquire and develop new facilities with a similar profile to the four existing centers. “Ambulatory surgery centers are increasingly seen as a convenient and effective choice for quality healthcare services,” said Chief Operating Officer Jeffrey Hillebrand.

“Sharing the ownership of ambulatory surgery centers will allow us to offer patients the high-quality surgical services they expect from Evanston Northwestern Healthcare with the convenience of an ambulatory setting located close to their home or place of work.”

The four surgery centers that were acquired are located at 815 West Howard Street in Evanston, 1614 North Harlem Avenue in Elmwood Park, and One East Erie and 25 East Washington Street in Chicago.

United Surgical Partners International, headquartered in Dallas, has ownership interests in or operates 90 surgical facilities. Of the company’s 87 U.S. facilities, 56 are jointly owned with not-for-profit healthcare systems.



# Caring for Our Communities

Today, Craig Garfield, MD, assistant professor of pediatrics at Northwestern University's Feinberg School of Medicine, provides care for children from low-income families at Evanston Hospital's Child and Adolescent Clinic. But his appreciation for the clinic's services dates back to his own childhood.

"When I was growing up in Evanston, my parents cared for foster children. The foster children had medical cards that allowed them to come to Evanston Hospital, where they received excellent medical care," he said. "I've always thought of it as a remarkable service the hospital provides to the community." That service extends to low-income and uninsured adults as well, who can receive care at Evanston Hospital's Adult Outpatient Clinic.

Dr. Garfield is just one example of the many ways Evanston Northwestern Healthcare (ENH) caregivers and staff members contribute to the health and well being of our local population—not only by providing clinical services within our facilities but also through outreach programs, research studies and other endeavors that extend into our communities.

Dr. Garfield, who is also a physician-researcher in the Section of Child and Family Health Studies at the ENH Research Institute, recently received a grant from the Robert Wood Johnson Foundation for a study on the role primary care physicians can play in identifying postpartum depression. Working with ENH's Jennifer Mudd Houghtaling Postpartum Depression Program, Dr. Garfield will interview first-time mothers, physicians, employers and insurers. "After a mother gives birth, the focus of care shifts from mother to baby—and within the health-care system from obstetrician to pediatrician," he said. "For instance, pediatricians who provide newborn care may see a mother up to nine times during a baby's first year. This study will examine whether these providers—and other stakeholders—could play an important role in identifying mothers at risk for postpartum depression."

While Dr. Garfield's research may eventually influence clinical practices and public policy initiatives beyond the North Shore, the first beneficiaries of his efforts are likely to be the mothers, caregivers and others in our area who participate in his study.

Throughout the year, ENH and its staff members offer or participate in health screening events, including:

- immunization clinics
- blood-pressure screenings
- cholesterol/glucose screenings

◀ Pediatrician Craig Garfield, MD, practices at Evanston Hospital's Child and Adolescent Clinic, one of several ENH locations where low-income families can receive free or discounted care.

## School-Based Services for Students

Adolescent medicine specialist Julie Holland, MD, is another example of ENH's reach in the community. Dr. Holland is one of four ENH employees who staff the School-Based Health Center at Evanston Township High School (ETHS). Operated by a partnership between ENH, ETHS and the Evanston Health Department, the center offers primary healthcare services—including physical exams, immunizations and treatment of illnesses—to the school's more than 3,100 students. "Most services at the center are free; there's a nominal charge for physicals and immunizations," said Dr. Holland. "This allows us to provide basic healthcare to students who otherwise wouldn't get it." Other ENH staff members at the center include four nurse practitioners, a public health nurse and a social worker.

For students who need specialty care, the staff provides referrals and assists families in enrolling in and navigating insurance plans and public programs such as Illinois KidCare. The center also provides mental health screening and referrals, support groups and health education on topics critical to adolescents.

In addition to providing obvious health benefits, the center contributes to the students' education. "You can't learn if you're not in school," said Dr. Holland. "Getting kids the medical attention they need so they can get to class is part of our mission." Before the center opened nearly 10 years ago, some 55 to 70 freshmen each year couldn't start school on the first day because they hadn't had their state-required physicals. "Now, we identify those students who need physicals when they come in for registration a week before school starts, and we spend the entire week doing physicals," said Dr. Holland. The center also gives students an opportunity to learn how to take responsibility for their own healthcare by making and keeping appointments, following treatment instructions and managing their illnesses.

Recently, the partnership that operates the ETHS health center received a \$25,000 grant

from the VNA Foundation to begin providing healthcare services to the high-risk, often uninsured students in the elementary and middle schools that feed into Evanston Township High School. "That will allow us to begin providing care and identifying health concerns when the children are younger—which is always better," said Dr. Holland.

## Analyzing Data for Community Health Dividends

In July of this year, ENH, in cooperation with the city of Highland Park and its Park District, launched Healthy Highland Park, a free, year-long program that combines awareness and education with participation in health and fitness programs. Participants will receive a minimum of three screenings at Highland Park Hospital during the year to monitor the program's impact on their cholesterol, glucose, weight and blood pressure.

What sets Healthy Highland Park apart from other community-based health and fitness campaigns is that a team of academic researchers is carefully measuring its effectiveness. Alan Peres, Director of Disease Management at the ENH Center on Outcomes, Research and Education (CORE), and other CORE staff members will compile and analyze data from the campaign. "One of our strengths at CORE is in creating surveys and

collecting patient-reported information of various kinds," said Peres. "And it became evident to us that the Healthy Highland Park committee could benefit from really understanding whether the program has an impact: Are people changing their habits? Are they feeling better?"

Peres and the CORE team provided participant surveys and other materials, making sure to include Spanish-language versions to reach the area's growing Latino population. At the conclusion of the program, the team will enter the information into a database for evaluation. "We'll be looking at whether individuals' screenings show positive changes and what elements of the campaign are most closely linked to health improvement," said Peres. "Our goal is to give the information to the Highland Park municipal government and the park district, to help them determine whether to run similar programs in the

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Julie Holland, MD, invites students to talk to her about their health concerns at the Evanston Township High School Health Center.

future and how to maximize the programs' effectiveness."

Peres and his colleagues welcomed the project, which presented a departure from their largely clinical research. "We wanted to stretch a little and create a research component that was integral to community benefit," he said.

### Targeted Programs, Strategic Partnerships

Whether it's providing on-site care in the public schools or conducting research to make community wellness programs more effective, ENH offers programs and services that identify and address a broad range of needs within our communities. In many cases, programs are designed to meet the unique needs of specific populations. For example:

- For patients with limited financial resources, free or discounted care is available through ENH's Charity Care and Financial Assistance Programs. A team of financial counselors at each of our hospitals and many medical office sites works with patients to help them determine their eligibility for and enroll in both public and ENH financial assistance programs. Patients who qualify for ENH financial assistance can receive care at several locations throughout the ENH system.
- For children and families, the Perinatal Family Support Center (PFSC) at Evanston Hospital offers a telephone line for assistance with child development issues, the Jennifer Mudd Houghtaling Postpartum Depression Program,

Last year, nearly **13,600** individuals attended ENH-sponsored events, including\*:

**25** community health fairs

**44** collaborative events with OASIS, a national not-for-profit organization for seniors

**141** free community presentations offered through the Speaker's Bureau

**452** health education classes (including perinatal education) at ENH facilities

\* 2004 Evanston Northwestern Healthcare Community Benefits Report

programs for pregnant and parenting teens who are still in school, and support groups related to parenting and coping with perinatal loss. It also operates Reach Out and Read, an initiative in which hospital clinics provide books, materials and activities for families with children at increased risk for illiteracy and school failure.

- For seniors, the Mature Health program offers health screenings, a network of free and discounted services and access to a direct customer-service line for hospital billing questions. ENH also sponsors three at-home meal programs for home-bound individuals.

In other cases, ENH works in partnership with local governments, school districts, not-for-profit organizations and other community stakeholders to identify needs and deliver services aimed at improving the well-being of community residents. For example, ENH was a key participant in the development of the Park Center, the Glenview Park District's award-winning community center. In addition to operating cardiac rehabilitation, physical therapy and integrative medicine programs in the building, ENH and its staff develop and present educational programs for the on-site Senior Center and offer a variety of health screenings and classes.

These are just a few examples of the numerous events and activities that Evanston Northwestern Healthcare makes possible in our communities—through organizational sponsorship and through the generous volunteer time of ENH physicians, nurses and other staff. Recently, ENH reaffirmed its commitment to serving our communities by establishing a new Community Relations team within the Public Relations Department, with representatives on-site at Evanston, Glenbrook and Highland Park Hospitals. The team members will focus—both individually in their respective hospital communities, and together in the overall ENH service area—on maintaining positive, productive relations with community leaders and continuing to seek strategic and collaborative opportunities to improve the health status of the communities we serve.



At a recent reunion picnic, twins Max (left) and Jacob Grossman and mom Susan visit with neonatologist Matt Derrick, MD, who cared for the twins in Evanston Hospital's Henrietta Johnson Louis Infant Special Care Unit (ISCU). By serving as a regional referral center for specialty care of high-risk mothers and critically ill babies, the ISCU benefits communities as far north as the Wisconsin border and as far west as Barrington.

# Beyond Our Borders:

Doctors Donate Services Worldwide



Howard Bennett, MD, on board a US Navy helicopter en route from tsunami-ravaged Banda Aceh, Indonesia, to the hospital ship USNS Mercy.

India, Ecuador, Sri Lanka, Indonesia, Nicaragua. These are just a few of the destinations Evanston Northwestern Healthcare (ENH) providers visit in their time off. But it's not sunny beaches, rest or relaxation they seek. Rather, ENH providers routinely head to such far-off locations to volunteer their medical expertise.

Whether they're performing surgery in developing nations, administering emergency care in the wake of a natural disaster or providing basic primary care in impoverished villages, ENH doctors and healthcare professionals have a profound impact on the communities they visit. Most volunteers agree, however, that the missions are equally rewarding for them. In fact, the

personal and professional satisfaction providers gain from these trips leads many to become repeat volunteers.

The stories that follow provide just a few examples from among the many generous and dedicated ENH providers who volunteer their time, energy and medical knowledge across the globe.

## Ship-to-shore care

When doctors picture themselves on a medical mission, most envision cramped quarters, makeshift medical facilities and rewarding patient encounters. Few expect to see themselves in a surgical suite in the middle of the Indian Ocean.

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Yet that's just where anesthesiologist Howard Bennett, MD, an instructor at Northwestern University's Feinberg School of Medicine, found himself after he volunteered to help with tsunami relief efforts in Indonesia.

Dr. Bennett spent three weeks last winter aboard the USNS Mercy, a Navy hospital ship. He was there as a volunteer with Project HOPE, a Virginia-based humanitarian organization that partnered with the U.S. Navy to send teams of military and civilian medical professionals to provide emergency medical care.

"It was an incredible experience living on the ship," Dr. Bennett said. "We were sleeping in a room with 30 other people in three-high bunk beds, sharing bathrooms and doing chores. When I told our staff [back at ENH] that I had been assigned to mop the bathroom floors, they had a good chuckle." But Dr. Bennett's primary responsibility was providing anesthesia care in the Mercy's state-of-the-art operating suites. In fact, with 12 operating rooms, an intensive-care unit and room for 1,000 patients, the ship is a first-class medical facility, and the Mercy medical team was able to treat hundreds of tsunami victims.

At one point during the mission, Dr. Bennett went ashore to provide anesthesia care in a local facility. The conditions there were a far cry from the facilities on the ship. "We had two patients sharing the same anesthesia monitor," he recalled. "And when the electricity went out, we were holding

up flashlights so the surgeons could see."

Despite those challenges, Dr. Bennett doesn't hesitate when asked if he would sign up for another Mercy mission. "In a minute," he said enthusiastically.

### Healing invisible wounds

Mike McNulty, PhD, is another ENH provider who participated in tsunami-relief efforts, but his work focused on healing the victims' less-visible wounds. McNulty, a clinical social worker and psychotherapist, arrived in Sri Lanka's Batticaloa region less than a month after the tsunami struck the island's eastern shore. He came at the request of Rev. Paul Satkunaneygam, a Sri Lankan native and Jesuit priest with ties to McNulty's childhood parish, to teach local mental health counselors how to handle the psychological impact of the tsunami.

Nearly every day for two weeks, McNulty led workshops for local therapists on how to manage traumatic stress, ambiguous loss and the psychosocial issues that might arise in the temporary housing camps; he also helped lead group therapy sessions.

McNulty admits that at times he was overwhelmed by the devastation and loss and was continually amazed by the strength of the people he encountered. "People were doing the best they could to cope, and it was sometimes easy to forget what they'd been through," he said. "You might go into a



Psychotherapist Mike McNulty, PhD (center), helped local mental health counselors in Sri Lanka respond to the psychological impact of the tsunami.

situation and not suspect that a person had suffered terrible losses because they seemed to be coping so well.” Even at the Jesuit residence where McNulty stayed, the four priests in training never mentioned that a fifth classmate and friend had been killed.

McNulty was so affected by his time in Batticaloa that he returned for a second visit in July. To prepare for his second trip, McNulty learned a non-verbal counseling technique that allowed him to work one-on-one with patients who don't speak English.

Though the circumstances in Sri Lanka are both dire and extreme, McNulty said his time there motivates him in his work at home. “Working with people to help them with this trauma, and then seeing their resiliency is pretty inspirational,” he said.

### **Making do and doing good**

Thomas Roukis, DPM, also sees lessons learned on his volunteer trips affecting his professional life. Dr. Roukis, a reconstructive foot and ankle surgeon, traveled to Delhi and Chennai, India, last year with Manny's Caring Hands, a Virginia-based humanitarian organization that aids physically challenged patients. While there, Dr. Roukis performed reconstructive surgeries on patients suffering from club feet, post-polio paralysis and other foot and ankle deformities.

Dr. Roukis often found himself operating under conditions quite different from the standards he's used to at home, but that's not always a bad thing, he said. “If you get into an OR and everything doesn't go as planned, you need to be able to improvise,” Dr. Roukis explained. “These situations help you to think on your feet.”

In India, that meant improvising with whatever supplies were available and standing in the street at midnight while a welder worked on a brace needed the next morning. It also meant making on-the-spot diagnoses when hundreds of people showed up to be seen by the doctors. “People were coming in with major, major problems, and no medical history,” he said. “No X-rays, no nothing. We evaluated who could be helped with braces, who needed simple surgery and who needed more major surgery.”

Though the work was exhausting, it was also extremely rewarding, and Dr. Roukis has already volunteered for another mission. “I can honestly tell you that if I were independently wealthy, I would do nothing but charity work,” he said.

### **A family affair**

Many physicians spend spring break and summer vacations relaxing with their families at the beach or visiting tourist attractions, but not obstetrician/gynecologist Karyn Herndon, MD, clinical assistant professor at the Feinberg School. For the

## **Good Doctors Fund Helps Defray Travel Costs**

ENH doctors and nurses interested in volunteering for medical missions can now get a helping hand from the Good Doctors Fund. The fund, which provides up to \$1,000 in travel support, is administered



by the Professional Staff organization and was instituted by past president David Kuo, DO, clinical assistant professor of internal medicine at the Feinberg School. “The idea for the fund came from Dr. Bob Shim,” said

Dr. Kuo, “an extraordinarily generous physician who gave up his own practice for several years to volunteer overseas.”

To qualify for funding, the volunteer work must be clinical in nature and sponsored by a humanitarian organization. A review committee, which includes Drs. Kuo and Herndon along with Drs. Stephen Kashian and Stephen Yeh, meets once a quarter to review applications. To date, the fund has helped seven volunteers, but money is still available. Dr. Kuo urges any ENH-affiliated doctor or nurse interested in medical volunteer work to contact the Professional Staff office at (847) 570-2040.

past few years, Dr. Herndon, her husband and two teenage sons have spent their vacations volunteering on medical missions in Central America. “My kids have never had more fun,” she said, “and it's much more refreshing than a traditional vacation.”

While Dr. Herndon spends her time providing basic primary care, her family does everything from staff pharmacies to run health screenings. “What we're doing may not change the face of public health [in these countries], but it's making a difference in the life of an individual, and that's very gratifying,” she said. “It helps you remember why you got into medicine in the first place: You love taking care of people.”

In fact, Dr. Herndon and her family enjoy the volunteer work so much, they're planning a third visit to Ecuador with the Christian Medical Society. And through her work with the ENH Good Doctors Fund (see above), Dr. Herndon encourages other ENH physicians to travel abroad as well.

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Eldin Karaikovic, MD, PhD (second from left) in Ho Chi Minh City, Vietnam, with a local spine surgeon, a 13-year-old patient and the patient's father.

### One smile at a time

The volunteer bug has also bitten anesthesiologist Theodore Wynnychenko, MD, an assistant professor at the Feinberg School. Dr. Wynnychenko has already been on two missions with Operation Smile, a Virginia-based organization that sends volunteers across the globe to repair childhood facial deformities. He traveled to Peru in 2003 and Nicaragua earlier this year to help repair cleft lips and cleft palates.

Though the pace on these missions is quick and doctors get few breathers (the medical team performs more than 130 surgeries in the span of a week), Dr. Wynnychenko didn't find the trips the least bit trying—even when the OR air conditioning died and doctors washed out disposable masks in order to use them again. "Without the surgery, these kids are made fun of all their lives. These are very simple surgeries with very low complication rates, but they can make a tremendous difference in these kids' lives," he said. "And that's very personally rewarding."

### Building local health resources

Over the past four years, Eldin Karaikovic, MD, PhD, assistant professor of orthopaedic surgery at the Feinberg School,

has performed spinal surgeries in Viet Nam, Costa Rica and a remote island in the Philippines. As a volunteer for Health Volunteers Overseas (HVO), an organization that lists education as a key element of its healthcare mission, Dr. Karaikovic has also given lectures and provided hands-on training to physicians and medical residents at each location, helping hospitals develop their own spinal surgery programs.

But helping healthcare professionals acquire skills is only part of the challenge. "It's not like operating here [in the U.S.], where you can simply request things like spinal implants from the hospital's supply," he said. Instead, Dr. Karaikovic brings what materials he can with him—and sometimes must be creative in using them. "In one case, we needed eight screws for a spinal fusion, but we only had six. So we had to find a way to modify the surgery and still give the patient a good outcome. Another time, we used a plate intended for an ankle in a patient's neck surgery." This ability to adjust to local conditions is essential for medical volunteers, and Dr. Karaikovic also devotes time to teaching a course for volunteer orthopaedic surgeons through the American Academy of Orthopaedic Surgeons.

Other times, the challenge is in addressing patients'

post-operative needs, particularly for back braces. "In the U.S., patients get custom-made braces, and we think of them as disposable," said Dr. Karaikovic. "But if you use a little imagination and make some modifications, they can be used again." Dr. Karaikovic's stories of his work overseas inspired one of his U.S. patients to begin collecting used braces and other orthotics for use by medical volunteers (see below).

Dr. Karaikovic will continue his overseas efforts this fall, when he travels to a hospital in Moldova to help evaluate whether an emerging spinal surgery program there might benefit from the assistance of HVO volunteers. "It's rewarding to combine travel with doing something you know how to do to help people," he said. "And it's a pleasure to witness the maturing of something you helped start."

## Donated Equipment finds New Uses in Developing Nations

When Maribeth Allen had spinal surgery in the fall of 2003, she wore two different kinds of back braces, both before and after surgery. Her surgeon, Eldin Karaikovic, MD, PhD, had told Allen about his volunteer work overseas. She asked him, "Can your overseas patients get braces like the ones I've used?" His reply: "They don't have braces. The patients just stay in bed."

Allen then asked what patients in the U.S. do with their braces after they no longer need them. "I learned they mostly end up in dumpsters—or in basements and garages," she said. "I was appalled by the wastefulness of it." So Allen offered to give Dr. Karaikovic her braces, if he could use them. She also asked if there might be a way to collect braces from other patients.

"I thought it was a terrific idea," said Dr. Karaikovic. He and his staff began letting patients know of the opportunity to donate their braces. He also suggested naming the initiative the Allen Strehlow Brace Donation Project, in honor of Allen's younger son, now 16, who had recently been diagnosed with cancer. "Allen Strehlow's fierce fight for better health reminded me of the fight of millions around the world for the same goal," said Dr. Karaikovic.

The project is still in its infancy, as Allen has been devoting much of her energy to caring for her son, who helps

with the project as his strength permits. But her personal experiences with medical treatment have increased her commitment to making care available in poorer nations. "Right now, patients bring the equipment to Dr. Karaikovic's office when they come in for follow-up appointments," said Allen. People also have begun bringing donations to Allen's home, and the list of items has grown to include crutches, orthopedic boots and other equipment. Longer term, Allen hopes to find more effective

ways to solicit, store and distribute the donated items, so that more patients overseas can benefit.

"When my braces went to Costa Rica, Dr. Karaikovic brought back pictures of the patients who'd received them," said Allen. "It's exciting and gratifying to know you've helped others."

**For more information about the Allen Strehlow Brace Donation Project or to make a donation, contact [brace\\_donation\\_project@yahoo.com](mailto:brace_donation_project@yahoo.com).**



Dr. Eldin Karaikovic (right) shows Allen Strehlow and Maribeth Allen how a donated brace can be modified for use by another patient

## Donor Support Honored at Ambulatory Care Center Dedication

**N**early 150 people attended the June 7 dedication of Highland Park Hospital's Ambulatory Care Center, which recognized the generosity of donors and Evanston Northwestern Healthcare's commitment to bringing world-class healthcare to the community.

The Ambulatory Care Center is one of the largest improvement projects at the hospital since its merger with Evanston Northwestern Healthcare in 2000 and offers some of the most advanced diagnostic and treatment technologies in a setting designed for patient comfort and convenience. The 67,000-square-foot facility, accessible from the main hospital campus, houses a variety of programs and services including the Kellogg Cancer Care Center, Breast Imaging Center and a Diagnostic and Treatment Center.

The Auxiliary of Highland Park Hospital was recognized for its \$1 million pledge to the Center in support of Women's Health Services. "The Auxiliary is a devoted group of individuals who care deeply about the health of our community," said Mary S. O'Brien, president of Highland Park Hospital. "They are helping the hospital to keep pace with advancing medical technologies and treatments."

The Auxiliary's support was instrumental in securing a generous gift from the Herbert C. and Florence M. Wenske Foundation in support of the Ambulatory Care Center. The Healthcare Foundation of Highland Park was also acknowledged for its commitment to the hospital.



Performing the ribbon-cutting ceremony to dedicate the Highland Park Hospital Ambulatory Care Center are (from left): Mary S. O'Brien, President, Highland Park Hospital; Mark R. Neaman, ENH President & Chief Executive Officer; Robert Levy, MD, President, ENH Professional Staff; Janardan Khadekar, MD, Chairman, ENH Department of Medicine; Leon Dragon, MD, Director, Kellogg Cancer Care Center at Highland Park Hospital; William Davis, Chairman, ENH Board of Directors.



Bonnie Haber (from left), Past President of The Auxiliary of Highland Park Hospital; Ronald G. Spaeth, President of the ENH Foundation; and Patti Nahin, President of The Auxiliary of Highland Park Hospital.



Loren Stone, member of the board of the Herbert C. and Florence M. Wenske Foundation, and his wife, Julie Stone, Vice President of The Auxiliary of Highland Park Hospital.

## ISCU Alumna Embarks on Nursing Career with Help from ENH Auxiliary

**E**ighteen years ago, Bridget McFadden of Glenview was born weighing just three pounds, 14 ounces and spent the first three weeks of her life in Evanston Hospital's Infant Special Care Unit (ISCU). As did those caregivers who helped her 18 years ago, McFadden wants to make a difference in a family's life. Today, she's enrolled in the nursing program at Illinois Wesleyan University with help from a \$2,500 scholarship awarded by The Auxiliary of Evanston Northwestern Healthcare.



**ENH Auxiliary President Mary Hoppe, RN (from left), presents the Auxiliary's 2005 Nursing Scholarship to ISCU alumna Bridget McFadden, who was inspired by her mom, Joan McFadden, RN.**

McFadden and her triplet siblings, Maureen and Michael, were born prematurely and were treated for a variety of issues common to premature infants, including breathing and eating difficulties. While she was growing up, she recalls, her parents would talk about the care the whole family received, with an emphasis on the nurses. "They always talked about the nurses who helped and how they would take time to talk and explain things to my parents," said McFadden, whose mother, Joan, is also a nurse.

It's the influence of nurses in her life, as well as compassion for others and a love of science, that has fueled McFadden's career aspirations. She's considering a career in pediatric nursing. For the past three years, she has been a leading member of Glenbrook South High School's annual children's theater productions, which perform before an audience of more than 1,000. "Bridget is a role model for enthusiasm, dependability and motivation," said Gael Routenberg, an English and drama teacher at Glenbrook South.

"The Auxiliary is committed to helping Evanston Northwestern Healthcare recruit, nurture and support efforts to hire the best nurses, which is why we began awarding the scholarship to a high school senior who will study nursing" said Mary Hoppe, Auxiliary President. "The fact that Bridget is an ISCU alumna makes this year's award even more meaningful."

McFadden is excited about her future career plans. "I like to help people and I like science, so I thought it would be cool to combine the two," said McFadden. "I believe I will be able to make a difference in each patient's life."

*The Infant Special Care Unit (ISCU) at Evanston Hospital is a Level III perinatal center, a designation by the state of Illinois signifying the highest level of care. The ISCU is a referral center for nine hospitals in northern Illinois and treats more than 500 infants annually, many of whom, like Bridget McFadden, are multiple-birth babies. For more information on how you can support programs at Evanston Northwestern Healthcare, please contact the ENH Foundation at (847) 570-5600 or at [www.enh.org/foundation](http://www.enh.org/foundation).*

## American Craft Exposition Goes Interactive for a Cause

**A**fter 21 years, the annual American Craft Exposition (ACE) continues to attract the interest and participation of the nation's finest artisans while remaining innovative. New this year, the August event featured interactive displays that allowed attendees to experience craft in the making. Co-chaired by Jan McKnight and Karen Ruberry, ACE raised funds for breast and ovarian cancer research at Evanston Northwestern Healthcare. Last year, ACE contributed \$400,000 toward this important effort.



**ACE co-chairs Jan McKnight (from left) and Karen Ruberry and Demonstration Chair Sara Bangser relax in a Sawbridge Studios display demonstrating how fine craft can be incorporated into everyday living.**

### Evanston Northwestern Healthcare Thanks the 2005 ACE Corporate Sponsors

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## Champagne Safari A Wild Success

“Champagne Safari,” the 2005 Hospitals’ Gala held June 18 at the Field Museum, was wildly successful, raising approximately \$500,000 for the Division of Gastroenterology’s Inflammatory Bowel Disease Center. The museum was the perfect setting to enhance the evening’s theme, which included a performance from the Najawa Dance Corps, hors d’oeuvres with an African flourish, waitstaff decked out in pith helmets and champagne by Nicolas Feuillatte. More than 800 people attended the gala.

The Auxiliary of Evanston Northwestern Healthcare thanks the many generous donors who made the gala a success.

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2005 Gala Co-Chairs Meg Fox (left) and Laura Fenner pose with one of the evening’s entertainers, who is dressed in a stylized African queen costume.



African drums and costumed actors heralded the arrival of guests, including Dr. Brian Hartigan (from left), Pam Hartigan, Amy Haddad and Dr. Steve Haddad.



Gala guests were challenged to “join the bug club” at the Field Museum by eating a chocolate-covered cricket. ENH Auxiliary President Mary Hoppe (left) and ENH Auxiliary President-Elect Barbara Balsley (center) were up to the challenge!

## SAVE-THE-DATES

### SATURDAY, SEPT. 10

The Associate Board of The Auxiliary of Evanston Northwestern Healthcare presents *A Night of Illuminations*, 8 p.m. at A New Leaf, 1818 North Wells Street, Chicago. Tickets are \$100 each and include cocktails, hors d'oeuvres, a live band, silent auction and raffle. Proceeds support Evanston Hospital's Infant Special Care Unit.

### FRIDAY & SATURDAY, OCT. 28 – 29

Key to the Cure, Saks Fifth Avenue, 1849 Green Bay Road, Highland Park, presented by Saks and The Auxiliary of Highland Park Hospital. Five percent of all sales will go to the Auxiliary in support of women's cancer programs at Highland Park Hospital. The event will feature a kick-off celebration from 5 to 8 p.m. on Friday, Oct. 28 at Saks.



**Gala 2006:** Janet Emmerman (left) and Madonna Tideman will serve as co-chairs for the 2006 Hospitals' Gala to be held Saturday, June 17, at the Fairmont Hotel in Chicago!

For more information about these events or about joining the Auxiliaries or the Associate Board, please call (847) 570-5095 or visit [www.enh.org/aboutus/volunteer](http://www.enh.org/aboutus/volunteer).

## Campaign Closing in on \$100 Million Goal

**T**he Campaign for Evanston Northwestern Healthcare is closing in on its goal of \$100 million. As of July 31, \$95.2 million has been raised, endowing four academic chairs, funding 52 special programs within the Centers of Excellence and supporting 12 research funds to advance medical science into cures and treatments for patients. For more information about the Campaign, call the Evanston Northwestern Healthcare Foundation at (847) 570-5600.

**THE CAMPAIGN**  
for  
EVANSTON NORTHWESTERN HEALTHCARE

### Recent Campaign Gifts:

- A \$1 million grant from the Searle Funds at the Chicago Community Trust will support the extension of Evanston Northwestern Healthcare's Electronic Patient Record System to a broader community of caregivers.
- Jim and Maxine Farrell made a \$1 million gift to establish the Maxine P. and W. James Farrell Fund for Breast Cancer Research. The Farrells made their gift in honor of Janardan Khandekar, MD, chairman of the Department of Medicine and Director of the Kellogg Cancer Care Centers.
- More than \$600,000 was received from the Susan D. and Lawrence W. Appelbaum Revocable Trust for Evanston Northwestern Healthcare's Medical Ethics Program.

## Evanston Northwestern Healthcare Wishes to Thank ...

The **Elsa U. Pardee Foundation**, which awarded the ENH Research Institute \$50,000 in support of the breast cancer research of Mayumi Naramura, MD, Research Assistant Professor. Dr. Naramura is a member of the research team of Hamid Band, MD, PhD, who is Director of the Division of Molecular Oncology and Jean Ruggles Romoser Chair of Cancer Research.

The **Helen Brach Foundation**, for its grant of \$15,000 to the Jennifer Mudd Houghtaling Postpartum Depression Program at Evanston Northwestern Healthcare for the education and training of healthcare providers within ENH's regional Perinatal Network of six hospitals.

The **Woman's Club of Evanston**, for donating 250 new children's books to the *Reach Out and Read* program based in Evanston Hospital's Child and Adolescent Center. *Reach Out and Read* promotes early literacy, focusing on children who are growing up in poverty. Doctors and nurse-practitioners give new books to children at each well-child exam from ages 6 months to 5 years old.

## MRW Luncheon Highlights Women's Health, Benefits Patient Education

**M**ore than 350 people attended the Ninth Annual Myra Rubenstein Weis Luncheon in May, which raised more than \$71,000 for the Myra Rubenstein Weis (MRW) Health Resource Center at Highland Park Hospital and related projects within Evanston Northwestern Healthcare.

This year's luncheon featured Carol Rosenberg, MD, an Evanston Northwestern Healthcare physician and lead investigator on the recently concluded landmark national Women's Health Initiative Study. The study enrolled its first participant in 1993, spanned 12 years and involved nearly 162,000 women, including North Shore and Lake County residents, involved in double-blind and clinical observational studies.

The focus of the Women's Health Initiative Study was on finding strategies to prevent the major causes of death, disability and frailty in women as they age.

"The Women's Health Initiative is a wake-up call highlighting the fact that the biggest health challenges for the daughters of tomorrow are the changes a woman will have to make in her own life, throughout her life, in order to achieve better health," Dr. Rosenberg told the audience.

The mission of the MRW Health Resource Center is to help members of the community obtain accurate, timely and free information about healthcare decisions. The Center was established in memory of Myra Rubenstein Weis, a North Shore resident who died of breast cancer. Proceeds from this year's luncheon will help fund a television-based patient education system at Highland Park, Glenbrook and Evanston Hospitals.



Sheri Case (from left), Linda Clark, Sharen Berman, Jane Sarnoff and Maxine Yellen were the co-chairs of the Ninth Annual Myra Rubenstein Weis Luncheon.



Gordon Derman, MD (from left), joins his wife Carol Rosenberg, MD, Eileen Rubenstein Goldstein and Paul Goldstein, MD, at the Ninth Annual Myra Rubenstein Weis Luncheon. Dr. Rosenberg was the luncheon's keynote speaker.



Tom Finke (from left), Lisa Gollob Finke and David Gollob, founders of the Carol Gollob Foundation for Breast Cancer Research.

## Tennis Enthusiasts Swing for a Cure

More than 150 tennis enthusiasts helped raise over \$10,000 by participating in the Ninth Annual "Swinging for a Cure" charity tennis clinic sponsored by the Carol Gollob Foundation for Breast Cancer Research. Proceeds from the event are distributed to several Chicago area medical research facilities, including Evanston Northwestern Healthcare.

The foundation was founded in memory of Glencoe resident Carol Gollob, who died of breast cancer. "It's our goal to help in the fight against breast cancer so that no one will have to live with the pain that my mother and so may other women must endure," said Lisa Gollob Finke.

“Capsules” highlights the recent professional and academic achievements of Evanston Northwestern Healthcare’s professional staff, nursing staff, and management. These activities include appointments, presentations, and published papers.

All faculty appointments listed below refer to Northwestern University’s Feinberg School of Medicine unless otherwise noted.

## PROFESSIONAL STAFF

**Joseph T. Allewa, MD, MBA**, assistant professor, department of physical medicine and rehabilitation, was the editor and co-author of “Conservative Management of Low Back Pain, Part 1: Discogenic/Radicular Pain,” which was published in *Disease-a-Month* (2004;50:636-669). Part 2 of “Conservative Management of Low Back Pain” was published in the January 2005 issue of *Disease-a-Month*.

**Issam Awad, MD, MSc, FACS**, professor and vice-chairman of the department of neurosurgery and ENH director of neurovascular surgery, neuro-critical care, and stereotactic radiosurgery services, was the senior author of “Biallelic Somatic and Germ Line *CCM1* Truncating Mutations in a Cerebral Cavernous Malformation Lesion” in *Stroke* (2005;36:872-874) and of “Variations in Structural Protein Expression and Endothelial Cell Proliferation in Relation to Clinical Manifestations of Cerebral Cavernous Malformations” in *Neurosurgery* (2005;56:343-354). Dr. Awad presented these invited lectures: “Intracranial Arterial Stenosis” at the International Conference on Stroke and Cerebrovascular Disease in New Orleans in February, “The Future of Neurosurgical Research” at a meeting of the American Association of Neurological Surgeons in New Orleans in April, and “The Management of Hemorrhagic Stroke” at a meeting of the American Academy of Neurology in Miami in April. He was invited to chair the session “Intracranial Aneurysms Management” and to give the lecture “Cerebral Revascularization” at the World Congress of Neurological Surgery in Marrakech, Morocco, in June. Dr. Awad is the principal investigator at ENH for a new clinical trial on minimally invasive surgery and thrombolytic aspiration for cerebral hemorrhage. ENH will be the only center in Illinois and only one of eight centers nationally selected to participate in this trial that was sponsored by the National Institutes of Health. Dr. Awad was the recipient of a pilot grant and also of a mid-career development grant from the ENH Research Institute to study the imaging of inflammatory cells in cerebrovascular malformations. He received the Division of Neurosurgery Academic Excellence Award from the ENH Department of Surgery in April.

**Hamid Band, MD, PhD**, professor and director of the division of molecular oncology, co-authored “The Carboxyl Terminus of VEGFR-2 Is Required for PKC-Mediated Down-Regulation,” which was published in *Molecular Biology of the Cell* (2005;16:2106-2118) and was a co-author of “Mammary Epithelial Cell Transformation: Insights from Cell Culture and Mouse Models,” published in *Breast Cancer Research* (2005;7:171-179).

**Vimla Band, PhD**, professor of medicine and director of the division of cancer biology, gave three presentations: “Mechanisms of Immortalization of Normal Mammary Epithelial Cells” at the 13th Annual Radiation Workshop in Round Top, TX, “Molecular Mechanisms of Epithelial Cell Immortalization” at the University of

Illinois at Chicago Spring Semester Seminar Series/Department of Biochemistry and Molecular Genetics in April, and “Novel Molecular Pathways Involved in Breast Epithelial Cell Immortalization” during grand rounds at Karmanos Cancer Institute in May. Dr. Band was a co-author of “BRCA Suppresses Cell Proliferation via Stabilizing *MAGE-D1*” in *Cancer Research* (2005;65:4747-4753) and of “Mammary Epithelial Cell Transformation: Insights from Cell Culture and Mouse Models” in *Breast Cancer Research* (2005;7:171-179).

**Bernard R. Bendok, MD**, assistant professor of neurological surgery and radiology, was named a Searle fellow by Northwestern University’s Searle Center for Teaching Excellence. Dr. Bendok served as a visiting professor at Wayne State University and as a faculty member for the practical clinic “Vertebroplasty: Indications and Treatment Options” at the 2005 annual meeting of the American Association of Neurological Surgeons. Dr. Bendok co-authored the following peer-reviewed journal articles: “Combination Treatment of Vertebral Metastases Using Image-Guided Percutaneous Radiofrequency Ablation and Vertebroplasty: A Case Report” in *Surgical Neurology* (2005;63:469-474), “Ruptured Superior Cerebellar Artery Aneurysm in a Child with Bilateral Fibromuscular Hyperplasia of the Renal Arteries: Case Report and Review of the Literature” in *Journal of Neurosurgery* (2005;102[suppl]:S338-S341), “Prediction of Cerebral Vasospasm in Patients Presenting with Aneurysmal Subarachnoid Hemorrhage: A Review” in *Neurosurgery* (2005;56:633-654), and “Temporary and Permanent Occlusion of Cervical and Cerebral Arteries” in *Neurosurgery Clinics of North America* (2005;16:249-256).

**Robert Burton, MD**, assistant professor of psychiatry, was named a distinguished fellow of the American Psychiatric Association at the association’s annual meeting, which was held in Atlanta in May.

**Michael S. Caplan, MD**, professor, neonatal medicine section, received a National Institutes of Health grant of \$1,250,000 for five years of direct costs for the study “The Role of PAF and TLR in Experimental Necrotizing Enterocolitis.” Dr. Caplan co-authored the article “Tetrahydrobiopterin Prevents Platelet-Activating Factor-Induced Intestinal Hypoperfusion and Necrosis: Role of Neuronal Nitric Oxide Synthase,” which was published in *Critical Care Medicine* (2005;33:1050-1056), and wrote the chapter “Neonatal Necrotizing Enterocolitis: Clinical Observations and Pathophysiology,” which was published this year in *Neonatal-Perinatal Medicine* (5th ed.). Dr. Caplan also gave the keynote lecture, “Role of PAF, TLR, Bacteria, and Inflammation in NEC,” at the Third International Symposium on Neonatal Necrotizing Enterocolitis, held in Columbus, OH, in April.

**Joseph A. Caprini, MD, MS, FACS, RVT, FACPh**, professor of surgery and biomedical engineering and the Louis W. Biegler chair of surgery, attended the initial meeting of the National Quality Forum Steering Committee to develop national consensus standards for the prevention and care of deep vein thrombosis in Washington, DC, in June. This committee, along with the technical advisory panel co-chaired by Dr. Caprini, will formulate policies for thrombosis prophylaxis and treatment that eventually will become the Joint Commission on Accreditation of Healthcare Organizations' standards for hospitals in the United States. Dr. Capri was the guest editor for the February-March 2005 *Disease-a-Month* monograph on venous thromboembolism, for which he wrote "Introduction" (2005;51:68-69) and the article "Thrombosis Risk Assessment as a Guide to Quality Patient Care" (2005;51:70-78) and was a co-author of "Air Travel-Related Venous Thromboembolism" (2005;51:200-207). He was the guest editor for an update on risk factors for venous thromboembolism, published in the *American Journal of Medicine's* "Update Continuing Medical Education Series, Thrombosis" (2005;118[5]:3-9). Dr. Caprini also was a co-author of "Fatal Vascular Outcomes Following Major Orthopedic Surgery" in *Thrombosis and Haemostasis* (2005;93:860-866). Dr. Caprini presented "The Role of Low Molecular Weight Heparin in the Treatment and Prophylaxis of VTE and DVT Prophylaxis in High-Risk Medical and Surgical Patients" at the ProMedica Health System and Jobst Vascular Center at the Toledo Hospital symposium "Venous Thromboembolism: Prevention and Management" in Toledo, OH, in April. He also was involved in a panel discussion and in case presentations there. His other presentations in April were "The New Anticoagulants" for grand rounds at Eisenhower Medical Center in Rancho Mirage, CA; "Killer Legs: What the Patient and Doctor Need to Know" at a meeting of the Association of Operating Room Nurses Northwest Suburban Chapter at Lutheran General Hospital in Park Ridge, IL; "Thrombosis Prophylaxis-Update 2005" at CME grand rounds at Alton Memorial Hospital in Alton, IL; "Understanding Patients at Risk for Deep Vein Thrombosis and Pulmonary Embolism" at a CME dinner meeting for St. Alexius Hospital's department of surgery in Alton, IL; "Thrombosis Prophylaxis: Current Clinical Considerations" at a vascular surgery conference held at St. Louis University Hospital in St. Louis; "Thrombosis Prophylaxis in Medical and Surgical Patients" at a dinner meeting for Herrin Hospital staff in Herrin, IL; "Thrombosis Risk Factor Analysis as a Guide to Prophylaxis in Medical and Surgical Patients" for CME grand rounds at St. John's Hospital in Tulsa, OK; "Communicating the Need for Risk Stratification and VTE Prophylaxis in the Medical and Surgical Patient" to staff in the department of surgery at the University of Oklahoma College of Medicine in Tulsa; "Risk Assessment and the Many Faces of VTE" during surgical grand rounds at Oklahoma University in Oklahoma City, OK; and "Risk Assessment and the Many Faces of VTE" during grand rounds at Unity Health in Shawnee, OK. Dr. Caprini gave these presentations in May: "DVT: Current Clinical Considerations" during CME grand rounds at Riverside Methodist Hospital in Columbus, OH; "Thrombosis Prophylaxis and the Many Faces of DVT" to the members of the Licking Memorial Hospital DVT Outcomes Committee in Columbus, OH; "Risk Assessment as a Guide to Thrombosis Prophylaxis" at a dinner meeting for surgery residents at Doctors Hospital in Columbus, OH; "Thrombosis Prophylaxis in Surgical and Trauma Patients" during CME surgery grand rounds at Grant Medical Center in Columbus, OH; "Risk Stratification for DVT in High-Risk Patient Groups" during grand rounds at the University of Missouri School of Medicine in Columbia; "Risk Stratification for DVT in High-Risk Patient Groups" at a Cole County Medical Society meeting in Jefferson City, MO; "Thrombosis Prophylaxis: Current Clinical Considerations" at a CME Catheterization Conference at Boone Hospital Center in Columbia, MO; "Current Concepts Regarding the

Prophylaxis and Treatment of Deep Vein Thrombosis" at the 66th Annual Theodore Lang May Day Medical Conference at OSF St. Anthony Medical Center in Rockford, IL; "DVT Risk Assessment and Prophylaxis" at Silver Cross Hospital in Joliet, IL; "Thrombosis Prophylaxis in Surgical Patients" at a dinner meeting of Littleton Hospital physicians in Denver; "Thrombosis Prophylaxis: Risk Assessment as a Guide to Appropriate Prophylaxis" at a department of surgery meeting at St. Joseph's Hospital in Denver; and "Thrombosis Prophylaxis Considerations for General Surgery" at a meeting of surgical residents at the University of Colorado in Denver.

**Richard D. Chessick, MD, PhD**, professor of psychiatry and behavioral sciences, wrote "What Grounds Creativity?" which has been published in the *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry* (2005;33:3-28).

**Ivan Ciric, MD, FACS**, professor of neurological surgery and Bennett-Tarkington chair, department of neurological surgery, was a co-author of "Suboccipital Retrosigmoid Approach for Removal of Vestibular Schwannomas: Facial Nerve Function and Hearing Preservation," which was published in *Neurosurgery* (2005;56:560-570). Dr. Ciric also gave the presentation "Operative Techniques with the Masters" at St. Louis University in St. Louis in June.

**Paul Detjen, MD**, assistant professor of medicine, was elected to the Board of Directors of the American Lung Association of Metropolitan Chicago.

**Eleni V. Dimaraki, MD**, assistant professor, endocrinology and metabolic diseases, was awarded a \$326,163 grant by the National Institute on Aging, National Institutes of Health, for a study on "The Role of Ghrelin in Somatopause."

**Goberdhan P. Dimri, PhD**, assistant professor of medicine, wrote "What Has Senescence Got to Do with Cancer?" which was published in *Cancer Cell* (2005;7:505-512), and was a co-author of "Mammary Epithelial Cell Transformation: Insights from Cell Culture and Mouse Models," published in *Breast Cancer Research* (2005;7:171-179). Dr. Dimri also presented two posters, "Polycomb Proteins and Breast Epithelial Cell Transformation" and "Role of p53 in Mammary Epithelial Cell Senescence," at "Era of Hope," a meeting of the U.S. Department of Defense Breast Cancer Research Program, held in June in Philadelphia.

**Nicholas Dunkas, MD**, assistant professor of clinical psychiatry, presented "On the Concept of Vulnerability, Identity and Nostalgia, a Trilogy Affecting Immigrational Experience" at the World Hellenic Biomedical Association meeting in Athens, Greece, in May.

**Jubao Duan, PhD**, research assistant professor, department of psychiatry and behavioral sciences, Center for Psychiatric Genetics, received the 2005 National Alliance for Research on Schizophrenia and Depression Young Investigator Award, which provides him with funding of \$30,000 for each of two years to perform functional characterization of genetic polymorphisms in trace amine receptor 4 gene (TRAR4).

**Randy J. Epstein, MD**, professor of ophthalmology, Rush Medical College, and attending physician, ENH, was the co-author of the paper "Corneal Ectasia Following LASIK in Patients Without Apparent Risk Factors," which was presented at World Cornea Congress V, held in Washington DC, in April. Dr. Epstein was a faculty member for two courses presented at the American Society of Cataract and Refractive Surgery Annual Meeting, also held in Washington, DC, in April: "Ectasia: Risk Factors and Treatment Options" and "Update on the Role of Mitomycin-C in Refractive Surgery." Dr. Epstein was the

course director for the Third Annual Spring Refractive Surgery Update and the microkeratome certification course, held in Chicago in May; the co-director for the course "Advances in Refractive Surgery" at the Annual Midwest Vision Congress and Expo, held in Rosemont, IL, in May; and a panel discussant at the annual meeting of the Chicago Ophthalmological Society in May.

**Westby G. Fisher, MD**, director, cardiac electrophysiology, and assistant professor of medicine, presented "Post-Implant Removal and Repositioning Results for a New Bipolar Over-the-Wire Cardiac Vein Lead" and was an invited lecturer at a clinically based tutorial on biventricular pacemaker implantation techniques at the Heart Rhythm Society's 2005 meeting in New Orleans in May. He gave the invited lecture "Indication for ICD Therapy: Appropriate Patient and Device Selection" at the First Annual Great Plains Cardiovascular Symposium, which was held in Omaha in June and was sponsored by the Nebraska Chapter of the American College of Cardiology, Creighton University, and the University of Nebraska. Dr. Fisher was a co-author of the book *The Road to Successful CRT Implantation: A Step-by-Step Approach*, published by Blackwell Futura Publishing this year. He also was a co-author of the chapter titled "Transseptal Catheterization" for the book *Radiofrequency Catheter Ablation of Cardiac Arrhythmias* (3rd ed.), also published by Blackwell Futura Publishing.

**Constantine Frantzes, MD, PhD**, professor of surgery and ENH director of minimally invasive surgery, was awarded honorary membership in the Greek Laparoscopic Society in recognition of his role in introducing laparoscopic surgery to Greece in 1991, and in training more than 70 Greek surgeons to perform advanced laparoscopic surgery.

**Qingshen Gao, MD**, affiliate, research section, was a co-author of "BRCA2 Suppresses Cell Proliferation via Stabilizing MAGE-D1" in *Cancer Research* (2005;65:4747-4753).

**Craig F. Garfield, MD, MAPP**, assistant professor of pediatrics, section for child and family health studies, presented "Urban Fathers and Well Child Visits: What Are Their Experiences?" and "A Boot Camp for New Dads: Did It Work?" at the Pediatric Academic Societies Annual Meeting in Washington, DC, in May. Dr. Garfield also presented "Expanding the Safety Net for Postpartum Depression" at the Illinois Association for Infant Mental Health's "Bridges for Communication" 2005 Spring Seminar Series in Northbrook, IL, in March.

**Michael J. Goldberg, MD**, associate clinical professor of medicine, was a participating member of the GI group that presented four papers at the American Gastroenterological Association (AGA) meetings held in May in Chicago on risk stratification of gastrointestinal cancer. Dr. Goldberg presented "Endoscopic Approaches to GERD" at the Seventh International Symposium on Advanced Laparoendoscopic Surgery Conference in Greece and served as co-chair of the Mentors Research Scholar Award for the AGA in Chicago in May.

**Jian-Ping Jin, PhD**, section chief of molecular cardiology, received a \$1,368,000 grant from the National Heart, Lung and Blood Institute of the National Institutes of Health for a study on "Troponin structure & function in cardiomyopathy."

**William K. Johnston III, MD**, assistant professor, director of laparoscopy and minimally invasive urology, ENH department of surgery, division of urology, was a co-author of the following: "Fibrin glue v sutured bolster: lessons learned during 100 laparoscopic

partial nephrectomies," *Journal of Urology* (2005;174: 47); "Comparison of Neuromuscular Injuries to the Surgeon During Hand-Assisted and Standard Laparoscopic Urologic Surgery" in the *Journal of Endourology* (2005;19:377-381). Dr. Johnston presented "Lessons Learned During 100 Laparoscopic Partial Nephrectomies: Fibrin Glues Versus Suture/Bolsters" and "Acute Integrity of Sealants for Partial Nephrectomy: Comparison of Seven Agents in a Hypertensive Porcine Model" at the annual meeting of the American Urological Association in San Antonio, TX.

**Eldin E. Karaikovic, MD, PhD**, assistant professor of orthopaedic surgery, successfully completed the Searle Fellowship in Teaching Excellence for 2004-2005 that was organized by the Searle Center for Teaching Excellence at Northwestern University. Dr. Karaikovic was a senior author of "Treatment Options for Thoracolumbar Spine Fractures," published in the *Bosnian Journal of Basic Medical Sciences* (2005;5:20-26), and was one of the authors of "Extracorporeal Shock Wave Therapy in Orthopaedic Diseases," also published in the *Bosnian Journal of Basic Science Medical Sciences* (2005;5:27-32). Dr. Karaikovic gave the poster presentations "Coil Embolization of a Lumbar Artery to Control Vascular Injury During Intradiscal Surgery (A Case Report)" and "Localization of a Spinal Thoracic Level (How to avoid Surgery on the Wrong Level)" at the 12th International Meeting on Advanced Spine Techniques in Banff, Alberta, Canada, in July.

**Janardan D. Khandekar, MD**, chairman, department of medicine, received the D.N.S. Chaudhry Distinguished Award, presented by medical schools in India, for his role in the prevention and treatment of cancer.

**Michael J. Liptay, MD**, assistant professor of surgery, wrote "Sentinel Lymph Node Mapping in Lung Cancer," a chapter in *Selective Sentinel Lymphadenectomy for Human Solid Cancer*, published by Springer this year. Dr. Liptay also was an invited faculty member at the Atlanta Lung Cancer Conference, held in April.

**Marian S. Macsai, MD**, professor of ophthalmology, vice chair, department of ophthalmology, and ENH attending physician and chief of the division of ophthalmology, received the Academic Excellence Award from the ENH department of surgery in April. She presented "Disease Transmission Through Corneal Transplantation" and was a moderator for "Keratoconus and Related Thinning Disorders" at the World Cornea Congress V in Washington, DC, in April. Also in April, Dr. Macsai was a panelist for the American Society of Cataract and Refractive Surgery's "The Best of World Cornea Congress V Symposium." Dr. Macsai's poster "Does the Accommodating IOL really Accommodate?" was on display at a meeting of the Association for Research in Vision and Ophthalmology in Fort Lauderdale, FL, in May. As a visiting professor in May at the University of California, Davis, for the school's 28th annual symposium, "Cataract Surgery from A to Z," Dr. Macsai presented "Pre-op Planning: The External Disease Patient," "Accommodating IOLs," and "Suture Techniques in Cataract Surgery" to residents and ophthalmologists. At the Women in Ophthalmology Summer Symposium in Jackson Hole, WY, in May, Dr. Macsai presented "Tissue Adhesives: Ophthalmologic Applications."



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**Parag A. Majmudar, MD**, assistant professor of ophthalmology, Rush Medical College, was voted one of the "top fifty opinion leaders" by the readers of *Cataract and Refractive Surgery Today*. Dr. Majmudar was featured in a "Health Watch" segment on WGN-TV news as one of the first Chicago-area physicians to implant the Verisyse phakic intraocular lens (IOL). He served as the course director for "The Expanding Role of MMC in Refractive Surgery" at the meeting of the American Society of Cataract and Refractive Surgery in Washington, DC, in April. Dr. Majmudar gave the following invited presentations: "Controversies in Refractive Surgery: Are Antimetabolites OK?" at a meeting of the American Society of Cataract and Refractive Surgery in Washington DC, in April, where he also was an invited session panelist; "Verisyse Phakic IOL" and "LASIK Complications" at the Midwest Vision Expo in Rosemont in May; and "What's New in Refractive Surgery?" at the ACORN Focus 2005 meeting in Maywood, IL, held in May.

**Mayumi Naramura, MD**, assistant professor, division of molecular oncology, was awarded a grant from the Elsa U. Pardee Foundation for the study "The Role of Cbl Proteins in Breast Cancer Treatments."

**Shaun T. O'Leary, MD, PhD**, assistant professor of neurosurgery, department of neurology, co-authored an article for a special supplement on Parkinson disease for the Movement Disorder Society: "Role of Surgery in the Treatment of Motor Complications," published in *Movement Disorders* (2005;20[suppl 11]:S45-S56).

**Susan M. Rubin, MD**, clinical instructor and director of the Women's Neurology Center at Glenbrook Hospital, presented "Patient Treatment Satisfaction Tied to Agreement in Patient/Physician Diagnosis" at the 57th American Academy of Neurology Annual Meeting in Miami Beach in April. Dr. Rubin also was quoted in an article about headache management in the June issue of *Ladies Home Journal*.

**Wendy S. Rubinstein MD, PhD, FACMG**, director, Center for Medical Genetics, and assistant professor of medicine, was awarded an ENH Research Career Development Award. Dr. Rubinstein was a co-author of "Use of an Educational Computer Program Before Genetic Counseling for Breast Cancer Susceptibility: Effects on Duration and Content of Counseling Sessions," published in *Genetics in Medicine* (2005;7:221-229). Dr. Rubinstein was a co-author of "Inhibition of Fatty Acid Synthase (FAS) Activity Reverses Tamoxifen Resistance in Her-2/neu-Overexpressing Breast Cancer Cells," which was presented and published as an abstract at the American Association for Cancer Research 96th Annual Meeting in Anaheim, CA, and of "MRI, Ultrasound, and Digital Mammography for Breast Cancer Screening in Women at High Risk," which was presented at the American Roentgen Ray Society Annual Conference in New Orleans. She presented "Risk Assessment Tools: How Good Are They in Practice?" at the University of Chicago Center for Clinical Cancer Genetics Symposium "Cancer Control Through Genetics: An Advanced Practical Approach" in Chicago. "My Generations: Usage of a New Family History and Risk Assessment Tool," which was co-authored by Dr. Rubinstein, was presented as a poster at the U.S. Department of Defense Breast Cancer Research Program, "Era of Hope 2005," in Philadelphia. She also presented "Hereditary Cancer Syndromes HBOC and HNPCC" at the University of Wisconsin CME grand rounds in Madison at "The Relationship Between Genetics and Cancer Development" at the Parkview Hospital Fourth Annual Cancer Symposium in Fort Wayne, IN.

**Peter K. Sand, MD**, professor of Obstetrics & Gynecology at the Feinberg School of Medicine, co-authored the following articles:

"Urinary Incontinence, Part 2: Treatment" in *Menopause Management* (2004;136:20-24); "Site-Specific Rectocele Repair Compared with Standard Posterior Colporrhaphy: Which Works Best?" in *Obstet Gynecol* (2005;105:314-318); "Histopathologic Changes of Porcine Dermis Xenografts for Transvaginal Slings", *Am J Obstet Gynecol* (2005;192:1643-1648); "A prospective Randomized Trial Using Solvent Dehydrated Fascia Lata for the Prevention of Recurrent Anterior Vaginal Wall



Prolapse", *Am J Obstet Gynecol* (2005;192:1649-1654); "Do Alterations in Vaginal Dimensions Following Reconstructive Pelvic Surgeries Affect the Risk for Dyspareunia?" *Am J Obstet Gynecol* (2005;192:1573-1577); and "Extended-Release Formulations of Oxybutynin and Tolterodine Exhibit Similar Central Nervous System Tolerability Profiles: A Subanalysis of Data From the OPERA Trial", *Am J Obstet Gynecol* (2005;192:1849-1855). Dr. Sand co-edited the textbook *Female Urology, Urogynecology and Voiding Dysfunction* published by Marcel Dekker, Inc. He co-authored the following chapters for the book: "Obstetric Issues and the Female Pelvis," "Sacrospinous Ligament Suspension for Vaginal Vault Prolapse," "Diagnosis and Treatment of Advanced Cystoceles," "History and Physical Examination in Pelvic Floor Disorders," and "Transvaginal Cooper's Ligament Sling for Genuine Stress Incontinence and Low-Pressure Urethra." Dr. Sand was an invited lecturer at the North Central Section of the American Urological Association's Annual Meeting in Miami, where he presented the following talks: "A Comparative Analysis of Sling Procedures," "The Use of Adjunctive Materials for Prolapse Repair," and "The Best Sling—The Capio CL Transvaginal Sling." Dr. Sand was invited to speak to the Coastal Plain Obstetrics and Gynecology Society on "Advances in the Treatment of Overactive Bladder." He presented at the University of Pittsburgh's Division of Urogynecology and Division of Female Urology's Journal Club on the "Use of Quaternary Amines in the Treatment of Overactive Bladder" and presented an invited lecture to the Maine Obstetrical and Gynecological Society on "New Options for the Treatment of OAB." Dr. Sand presented Obstetrics & Gynecology Grand Rounds on "Advances in the Treatment of Overactive Bladder" and on "Quaternary Amines in the Treatment of Overactive Bladder" at the Sisters of Charity Hospital in Buffalo, N.Y. He presented Obstetrics & Gynecology Grand Rounds on "Non-surgical Treatment of Urinary Incontinence" at the State University of New York Upstate Medical Center. Dr. Sand presented Urogynecology Rounds at the University of Texas Southwestern Medical Center on "Management of the Overactive Bladder." He also presented on "Advances in the Treatment of Overactive Bladder" for the Missouri Society of the American College of Osteopathic Family Physicians Winter Scientific Seminar in Independence. Dr. Sand hosted his annual postgraduate course, "Update in Gynecologic Urology in St. John," where he presented lectures entitled "Clinical Evaluation of Female Pelvic Floor Dysfunction," "Overactive Bladder—Etiology and Diagnosis," "Vestibulitis and Vulvodynia," "Capio CL Slings," and "Repair of the Posterior Segment." Dr. Sand presented invited lectures on "Clinical Evaluation of the Incontinent Bladder," "Etiology and Management of the Overactive Bladder," and "Defect Directed Repairs of Cystocele and Rectocele" to the University of Arizona's 36th Annual Tucson Seminar in Obstetrics & Gynecology. He presented at the University of Miami's postgraduate course, "New Concepts in Obstetrics & Gynecology," on "Stress Incontinence I:

Medical Management" and "the Painful Bladder Syndrome." He presented two invited lectures titled "Elective Cesarean Section is Protective of the Pelvic Floor" and "The Monarc Transobturator Midurethral Sling" at the Phoenix Obstetrical and Gynecological Society's 28th Annual Symposium on New Developments in Obstetrics & Gynecology. Dr. Sand presented "Complications of Urinary Incontinence Surgery" at the Annual Meeting of the Austrian Society of Urogynecology, in Vienna. In Midrand, South Africa, Dr. Sand lectured on "Cystometry in the Evaluation of Urinary Incontinence" at the International Urogynecological Association's South African eXchange. He also presented "Treatment of the Overactive Bladder" at the Mobile Obstetrical and Gynecological Society Meeting in Mobile, Ala. He gave Grand Rounds at Niagara Falls Hospital on "Advances in the Treatment of Overactive Bladder." At his annual post-graduate course, Advances in Urogynecology, Dr. Sand lectured on "Clinical Evaluation of Incontinence & Prolapse," "Etiology & Evaluation of the Overactive Bladder," "Diagnosis & Treatment of Interstitial Cystitis," "The Use of Adjuvant Grafts in the Treatment of Prolapse" and "The Capio CL Sling." He also presented "The New Midurethral Slings" at Morristown Memorial Hospital Obstetrics & Gynecology Grand Rounds in Morristown, N.J., and at Overlook Hospital Obstetrics & Gynecology Grand Rounds in Summit, N.J. He spoke on "Pills, Patches, and Devices in the Treatment of Urinary Incontinence" at Urogynecology for Primary Care in New York. Dr. Sand also presented a scientific paper entitled "Flexible Dosing of Extended-Release Oxybutynin Improves Treatment Outcomes for Urge Incontinence" at the 53rd Annual Meeting of the American College of Obstetricians & Gynecologists in May in San Francisco.

**John Sarwark, MD**, orthopaedic surgery, Children's Memorial Hospital, was a co-author of "Infant and Child Motor Development," which was published in *Clinical Orthopedics and Related Research* (2005;434:33-39). Dr. Sarwark gave the 30th Oleika Lecture as a visiting professor at the Shriners Hospital in Lexington, KY, and was the eighth annual visiting professor at UCSF Valley Children's Hospital in Madera, CA.

**Stephen C. Scheiber, MD**, adjunct professor of psychiatry, presented three workshops at the American Psychiatric Association (APA) meeting in June: "American Board of Psychiatry and Neurology (ABPN) Update," "ABPN and APA Perspectives on Maintenance of Certification," and "Psychosomatic Medicine: An Update on a New Subspecialty." He also wrote the foreword for the *Textbook of Psychosomatic Medicine* and the article "Assessment of Psychopharmacology on the American Board of Psychiatry and Neurology Examinations," which was published in the May-June 2005 issue of *Academic Psychiatry*.

**Prem Seth, PhD**, director of gene therapy, division of hematology/oncology, was awarded a \$263,160 grant from the National Cancer Institute, National Institutes of Health, for a study titled "An Armed Oncolytic Adenovirus Targeting Bone Metastasis."

**Madeleine U. Shalowitz, MD, MBA**, assistant professor of pediatrics and director of the section for child and family health studies, department of pediatrics, was awarded the Dr. Dorothy I. Height Racial Justice Award at the 27th Annual Women of Achievement Awards Benefit of the YWCA of Lake County in May. Dr. Shalowitz gave three presentations at the American Thoracic Society's annual meeting in Washington, DC, in May: "Variation in Diagnosed Asthma Prevalence in an Urban School-Age Population," "The Association Between Asthma Diagnosis and Asthma Symptoms with Caregiver Language of Preference in Hispanic Children in Chicago Elementary Schools," and "Ignoring Possible Asthma Underrepresents Illness Burden."

**Lisa K. Sharp, PhD**, assistant professor of family medicine, was the co-author of "Patient Treatment Satisfaction Tied to Agreement in Patient/Physician Diagnosis," which was presented at the 57th American Academy of Neurology Annual Meeting in Miami Beach in April.

**Richard K. Silver, MD**, professor and ENH chairman of obstetrics and gynecology, wrote the article "Late First-Trimester Placental Disruption and Subsequent Gestational Hypertension/Preeclampsia," published in *Obstetrics and Gynecology* (2005;105:587-592) and co-authored the article "Elevated First-Trimester Nuchal Translucency Increases the Risk of Congenital Heart Defects," published in the *American Journal of Obstetrics and Gynecology* (2005;192:1357-1361).

**Van P. Stamos, MD**, clinical instructor, department of orthopaedic surgery, was a member of the Central Area Consensus Panel titled "Treating the High Demand Patient," which met in Cincinnati, OH, in May and at which he presented "Metal-on-Metal Bearings in Total Hip Arthroplasty." In June, Dr. Stamos was a faculty member for "Hot Topics in Hips and Knees" in Santa Barbara, CA, where he presented "MIS Total Knee Arthroplasty, Midvastus and Subvastus Techniques," "The Extensively Coated Stem in Primary Total Hip Arthroplasty," and "Femoral Component Choices in Revision Total Hip Arthroplasty." In addition, Dr. Stamos moderated the session "Symposium on Revision Hip and Knee Arthroplasty." Dr. Stamos wrote the chapter "Management of the Stiff Total Knee Arthroplasty" for *Revision Total Knee Arthroplasty*, published by Springer this year.

**Charles D. Sturgis, MD**, assistant professor of pathology, was the senior author of the article "P16INK4a Immunocytochemistry as a Triage Test for Liquid-Based Cervicovaginal Cytology Samples Diagnosed as ASC-H," published in *Pathology Case Reviews* (2005;10:144-149). Dr. Sturgis presented "ASC-H, Cervicovaginal Cytology's Newest Atypia" for the Annenberg Foundation's international "Africa Calls" distance learning conferences to Botswana, Kenya, Nigeria, South Africa, Tanzania, Uganda, and Zimbabwe in May.

**Michael J. Verta, MD**, assistant professor of surgery, division of vascular surgery, recently was certified to use the Gore TAG stent graft for endovascular repair of descending thoracic aneurysms. Dr. Verta is one of only a handful of physicians in Cook and Lake counties certified to use this device.

**Ernest Wang, MD**, was promoted to the rank of assistant professor of emergency medicine. Dr. Wang presented "Addressing the Systems-Based Practice Core Competency: A Simulation-Based Curriculum" at a national meeting of the Society of Academic Emergency Medicine held in New York.

**Nancy M. Young, MD, FACS**, associate professor, department of otolaryngology-head and neck surgery, presented the paper "Children with Complicating Disorders: Are They Being Implanted and Do They Benefit?" at the 10th Symposium on Cochlear Implants in Children that took place in Dallas in March. Dr. Young received the Helping Hand Award, presented by the International Center on Deafness and the Arts (ICODA) in recognition of her work in the field of pediatric cochlear implantation, at ICODA's annual benefit in Rosemont, IL.

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## *Patient Survival and Quality of Life Benefit from Anonymous Gift for Research*



Graduate student Paul Wu (from left) assists Joseph T. Walsh, PhD, and William K. Johnston III, MD, in their research.

“We must always look for ways to improve our techniques and utilize technological advances so that we can continue to improve on patient survival and quality of life,” says William K. Johnston III, MD, Director of Laparoscopy and Minimally Invasive Urology at Evanston Northwestern Healthcare (ENH).

A \$1 million anonymous gift to the Campaign for Evanston Northwestern Healthcare for several research areas will allow Dr. Johnston and colleagues to continue developing ways to improve clinical outcomes for patients. The money will fund breast cancer, prostate cancer and Crohn’s disease research.

Dr. Johnston, who is an assistant professor at Northwestern University’s School of Medicine, is using ground-breaking technology to refine surgical treatment for prostate cancer,

the number two cause of cancer-related deaths. Working in collaboration with Northwestern University Biomedical Engineering Professor Joseph T. Walsh, PhD, Dr. Johnston is studying how advanced optics and light technology can be used to better visualize the internal structure and composition of prostate tissue during surgical procedures, thereby sparing nerves and providing wider and safer surgical margins. “Ultimately, this technology will be applicable to many other surgical techniques on other parts of the body,” says Dr. Johnston

The gift will also support clinical study coordinators and a medical researcher at the ENH Inflammatory Bowel Disease Center, under the leadership of Michael J. Goldberg, MD, and to help advance the collaborative work of breast cancer researchers Hamid Band, MD, PhD, and Vimla Band, PhD.

# In the span of just five heartbeats...

Evanston Northwestern Healthcare (ENH) physicians are now able to diagnose life-threatening problems, such as aortic dissections, blood clots in the lung and coronary artery disease, with a 64-slice computed tomography (CT) scanner. The scanner can produce 3-dimensional images of the heart and coronary arteries with extraordinary clarity and speed.

“This tool provides a huge improvement in our ability to diagnose patients with suspected heart disease,” said Robert Edelman, MD, Chairman, Department of Radiology. “Now, non-invasively, we can perform a screening that will identify coronary disease with 90 percent accuracy.”

Specialized work stations allow radiologists to zoom in and analyze an image of a patient’s heart; the image can be animated, rotated, sliced, color-enhanced and enlarged to reveal obstructions in the arteries or other defects.

“The speed at which the images are taken allows us to freeze motion,”



The 64-slice CT scanner produces extraordinarily clear images of the heart and coronary arteries.

explained John Salanitri, MD, Director of Imaging, Training and Development, Department of Radiology. “We can image the entire heart and surrounding vessels within five heartbeats.”

Dr. Salanitri believes that increasingly, cardiologists and radiologists will work collaboratively to evaluate

patients’ CT images. And, while the 64-slice scanner is not expected to replace coronary angiography, fewer patients may need angiograms if CT scan images can rule out the need for interventions such as blockage-clearing or stenting in the cardiac catheterization lab.

● For information or to find a doctor, visit [www.enh.org](http://www.enh.org) or call (847) 570-5020



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